

Published monthly by Kids of Chatham Organization, Inc.

October, 2024

Upcoming Events

KOCO

Child Care Center

October 3 Preschool Field Trip to Scott's Orchard Rooms 104 & 105 only

October 10 **KOCO Board of Directors Meeting** 6:00-7:00 pm Room 101

October 10 **CTG4CTK: CT Grown for CT Kids Week** KOCO Garden Open House Presentation and Virtual Tour in room 101

October 13-20 Scarecrows in the Park Visit KOCO's scarecrow display at Sears Park

October 25 **Magic the Gathering Game Night** Learn to play \$10 per player

October 29 **Trunk or Treat** Center School 5:30-7:00 pm Check out KOCO's "Barnyard BOO!"

October 30 Chatham Health Flu Clinic KOCO room 101 4:00-6:00 pm



Celebrate CT Grown for CT Kids Week October 7-11

The first week in October has been recognized every year as CT Grown for CT Kids Week to be a celebration of Connecticut farms, school meals, and locally produced food finding its way to the children that attend our schools!

Farm to school enriches the connection communities have with fresh, healthy food and local food producers by changing food purchasing and education practices at schools and early care and education settings. Students gain access to healthy, local foods as well as education opportunities such as school gardens, cooking lessons and farm field trips.

With over 5,000 farms in Connecticut, and just over 1,000 schools, there is plenty of local food we can share to feed and teach the students in our schools. In addition to improving child health, when schools buy local, they create new markets for local and regional farmers and contribute to vibrant communities, a win-win-win scenario!

Whether you are a food service professional, a farmer, a teacher or a foodloving family, there are plenty of ways to celebrate and get involved in CT Grown for CT Kids week! Learn more about this special week, and find out how you can get involved, by visiting <u>www.ctfarmtoschool.org/ct-grown-forct-kids-week</u>



